Who Am I?

“As a probation officer (we’ve been called the workhorses of the juvenile-justice system), I am charged with supervising and finding services for delinquent youth. Often my workload is heavy and the recidivism rate disheartening. I am looking for a better way to help the young people under my charge.”

What Is MST?

MST works with the at-risk youth’s entire world—parents, school, peers, community and you. Your valuable input and experience are connected to the therapy and treatment plans. 86.4% of youth who go through the full treatment have no further arrests. What you’re looking at is being able to label a case closed, knowing that the young person you have worked with is unlikely to return to the system.
MST FEATURES THE LARGEST BODY OF EVIDENCE, BY FAR OF SUCCESSFUL INTERVENTIONS FOR HIGH RISK YOUTH

- 60+ STUDIES
- $75m+ RESEARCH FUNDING
- 130+ PEER-REVIEWED JOURNAL ARTICLES
- 48,000+ FAMILIES INCLUDED ACROSS ALL STUDIES

MST IS THE ONLY INTERVENTION FOR HIGH RISK YOUTH WHERE RESULTS HAVE BEEN REPEATEDLY REPLICATED BY INDEPENDENT RESEARCH TEAMS

For Juvenile Offenders
- 54% FEWER REARRESTS (Over 14 Years)
- 75% FEWER VIOLENT FELONY ARRESTS (Over 22 Years)
- 54% FEWER OUT-OF-HOME PLACEMENTS (Median Across All Studies)

For Abused and Neglected Children
- 95% NO REABUSE INCIDENTS (Over 1.5 Years)
- 86% YOUTH LIVE AT HOME (Over 1.5 Years)
- 91% YOUTH REPORT NO PTSD (Over 1.5 Years)

Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth.