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DID YOU KNOW?
Are you 70 ½ or older with an Individual Retirement Account (IRA)?

Did you know you can donate your annual Required Minimum Distribution (RMD) to the Vera French Foundation to assist in creating a mentally well Quad Cities?

Talk to your accountant and financial advisor for additional information. And, feel free to call Nathan Sondgeroth at (563) 888-6257 for details on the Vera French programs and services you could support with this unique type of gift!

It's almost that time again...
BIRDIES FOR CHARITY 2019!

Support the Vera French Foundation (Bird #187) by making a donation or downloading a pledge form at birdiesforcharity.com.

The John Deere Classic is July 8-14, 2019. Pledges are due July 12, 2019.

The Vera French Foundation is excited to invite you to the first ever Mental Health Awareness Night at the River Bandits game on Thursday, May 9th at Modern Woodmen Park.

May is Mental Health Month, and we are excited to add this event to our month of awareness. At the game, players will be wearing special jerseys that will be auctioned during the game with the proceeds going to Vera French. Come out to the ballpark on May 9th to show your support for mental health!

To ensure Vera French receives 50% of ticket sales, buy tickets on the River Bandits website and use the special offer code VFF.

Read more about May 9th on page 3...
Are you looking for a Continuing Education opportunity?

Join us for the fifth annual Through My Eyes - A New Way to Look at Mental Illness. Vera French is hosting a professional conference on Thursday, May 9th at Modern Woodmen Park starting at 9:00 a.m.

The conference will feature Derek Ball, Ph.D., Senior Therapist at Marriage and Family Counseling, who will speak to "The Breakdown of a Family System Resulting in a Child in Crisis." After lunch, internationally recognized expert on school crisis, bullying prevention, youth violence, suicide intervention, self-injury, school safety and threat assessment, Scott Poland, Ed.D. will educate attendees on "Schools and Youth Suicide: Contemporary Issues in Prevention, Intervention, and Postvention." We hope you will join us for the conference and stay for Mental Health Awareness Night.

Schedule of Events:

- **Registration**: 9:00 - 9:30 a.m.
- **Derek Ball, Ph.D.**: 9:30 a.m. – 12:00 p.m.
  - Lunch Provided
- **Scott Poland, Ed.D.**: 12:00 – 1:15 p.m.
  - 1:15 – 3:30 p.m.

Thank you to our Early Bird Sponsors!

Dr. Richard and Judy Kreiter

New Solution for At-Risk Juvenile Offenders and Their Families

Vera French Community Mental Health Center is bringing highly acclaimed Multisystemic Therapy (MST) to the Quad Cities.

MST operates in 34 states; however, Vera French's MST team will be the first in the state of Iowa. With start-up funding from Hubbell Waterman Foundation, Scott County Regional Authority, Regional Development Authority, and Genesis Philanthropy, this team will deliver world-class outcomes through MST for up to 60 high-risk youth and their families per year in the Quad Cities.

The program’s goal is to achieve long-term reductions in youth criminal activity, substance abuse, and anti-social behavior through home-based treatment.

At a Community Stakeholder Presentation on March 19th, guest presenter Dr. Melanie Duncan, Ph.D., Director of Development, MST Services answered questions and provided an overview of MST as an evidence-based treatment solution.

THANK YOU to our Early Bird Sponsors!