

# Multisystemic Therapy<sup>®</sup>

## Proven Results

for Families and Communities

A message for:

## School Counselors

### Who Am I?

Sometimes, I wish I could zoom through the school corridors on rollerblades. As a counselor, I have a heavy load with many children to look after - and not enough hours in the day to give them all the attention they need. Some only need help finding a tutor or the right college fit. Others are struggling with parental conflicts or how to handle a crush. And then there those who are getting themselves into deep trouble—drugs, alcohol, stealing, habitual truancy. These are kids on their way from school to prison. I want to help them, but am at a loss about what I can do.

### What Is MST?

Multisystemic Therapy<sup>®</sup> (MST) would be the perfect resource for you. You don't have the time these at-risk students need. MST, on the other hand, works extensively with the young person and their family. An MST therapist is on call 24 hours a day, seven days a week in case of a crisis. The family develops plans that keep the student out of trouble and in the classroom. Of those who complete the program, 86 percent are either in school or working. Visit our website to find out if there's an organization providing MST in your community, and contact them to learn how you can start referring students to receive services.

PROVEN RESULTS  
60+ PUBLISHED STUDIES



# MST FEATURES THE LARGEST BODY OF EVIDENCE, BY FAR OF SUCCESSFUL INTERVENTIONS FOR HIGH RISK YOUTH



74

STUDIES



\$75m+

RESEARCH  
FUNDING



140+

PEER-REVIEWED  
JOURNAL ARTICLES



57,000+

FAMILIES INCLUDED  
ACROSS ALL STUDIES

MST IS THE ONLY INTERVENTION FOR HIGH RISK YOUTH WHERE RESULTS HAVE BEEN REPEATEDLY REPLICATED BY INDEPENDENT RESEARCH TEAMS

## For Juvenile Offenders



## For Abused and Neglected Children



## YOUTH SERVED

Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth.

