

2026

Mental Health For Healthy Living Conference

Friday May 8, 2026

9:00 AM to 2:00 PM

(Check In Starting at 8:00 AM)

Waterfront Convention Center

2021 State Street
Bettendorf | Iowa

Presented By ~



VERA FRENCH
Mental Health for Healthy Living



Un-Addiction

**6 Mind-Changing Conversations
That Could Save a Life**

Free To Attend

Attendance at this premier professional conference is free of charge - including light breakfast and complimentary lunch.

Continuing Education Applications Pending

Continuing education applications pending with NASW for Iowa and Illinois.

Focus On Person-Centered Outcomes

As the community's mental health center, Vera French seeks to offer educational opportunities and trainings aligned with person-centered outcomes for clients, patients, residents & tenants.

FEATURING ~

Nzinga Harrison, MD



A board-certified physician with specialties in psychiatry & addiction medicine.

Author of *Un-Addiction: 6 Mind Changing Conversations That Could Save A Life*

**For More Event
Information & Registration...**



Scan the QR Code!

Please email Nathan Sondgeroth at sondgerothn@verafrenchmhc.org with any questions.

Nzinga Harrison, MD

Dr. Nzinga Harrison is the Co-Founder & Chief Medical Officer of Eleanor Health and vocal advocate, activist, and author. She earned her bachelor's degree in biology from Howard University, completed medical school at the University of Pennsylvania School of Medicine, and her General Psychiatry Residency at Emory University.



Prior to co-founding Eleanor Health, she served as SVP of East Coast Operations and Chief Medical Officer for Anka Behavioral Health Inc. Her activism is geared towards the healthcare system's responsibility to incorporate trauma-informed interventions aimed at addressing the harms of racism and marginalization faced by many communities in this country. She is an Aspen Institute Fellow.

Her book, ***Un-Addiction: 6 Mind-Changing Conversations That Could Save a Life***, is available for order now. Her podcast "Un-Addiction" shares empowering stories of recovery from substance use disorder and answers common questions surrounding addiction and mental health. In May 2023, she spoke at Quality Talks, an inspiring event with dynamic and thought-provoking speakers and inspiring dialogue on advancing the health care system and improving patient care.

