

This resource is for informational purposes only on various plans. They are not to be interpreted in the strictest sense, based on this disclaimer. Practitioners may make medical decisions based on this information; therefore, it is incumbent on them to read the payers' Medical Policy in its entirety.

AcronymGlossary  
UDS = Under Direct Supervision  
DSE = Distinct Side Effects

BC = Board Certified  
PCM = Primary Care Manager  
BCLS = Basic Cardiac Life Support

## NATIONAL PAYERS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS <sup>a</sup>	Utilization
				Order	Treatment	Resistance	OR Intolerance			
UHC/UBH Optum	National	15	Severe MDD	Psychiatrist (MD or DO)	Physician Oversight <sup>b</sup>	2 (different classes)	2 (different classes) with DSE	Not Required	No	30+taper
Aetna	National	15	Severe MDD	Psychiatrist (MD, DO, NP)	UDS of Psychiatrist (MD, DO, NP)	2 (different classes) + 1 augment, 8 weeks, within the last 5 years		Not Required	Not Specified	30+taper
Cigna/Evernorth	National	15	Moderate-Severe MDD	Not Specified	Not Specified	2, 4 weeks	2 with DSE	Failed Trial Required	No	36
		18				2 (different classes), 4 weeks	4 with DSE			
BCBS Federal Employee Plan	National	15	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks	1 with DSE	Failed Trial Required	Yes	30

## MULTISTATE BLUE CROSS BLUE SHIELD PLANS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS <sup>a</sup>	Utilization
				Order	Treatment	Resistance	OR Intolerance			
Anthem BCBS	CO, CT, IN, GA, KY, ME, MO, NV, NH, NY, OH, VA, WI	18	Severe MDD	Physician	Not Specified	2 (different classes)	2 (different classes) with DSE	Not Required	Not Specified	30+taper
Carefirst BCBS	DC, MD, VA	Carefirst BCBS follows MCG Guidelines								
HCSC BCBS	IL, MT, NM, OK, TX	15	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks	1 with DSE	Failed Trial Required	Yes	30+taper
Highmark BCBS	DE, NY, PA, WV	11 <sup>c</sup>	Severe MDD	Physician	Tech trained in BCLS	2 (different classes), 6 weeks	2 with DSE	Failed Trial Required	Yes	30+taper
Premera Blue Cross	AK, WA	15	Moderate-Severe MDD	Not Specified	Not Specified	3(2 diff classes) OR 2(diff classes) +1 augment, 30 days	3(2 diff classes) OR 2(diff classes) +1 augment with DSE	Not Required	Yes	30+taper
Regence BCBS	ID, OR, UT, WA	15	Severe MDD	Psychiatrist (MD, DO, NP)	Supervised by Psychiatrist (MD, DO, NP)	3(2 diff classes) OR 2(diff classes) +1 augment, 4 weeks	3(2 diff classes) OR 2(diff classes) +1 augment with DSE	Not Required	Yes	36
Wellmark BCBS	IA, SD	Wellmark BCBS follows Interqual Criteria								

# STATE COMMERCIAL BLUE CROSS BLUESHIELD PLANS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS <sup>a</sup>	Utilization	
				Order	Treatment	Resistance	OR				Intolerance
BCBS Alabama	AL	18	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks		1 with DSE	Failed Trial Required	Yes	30+taper
BCBS Arkansas	AR	18-70	Severe MDD	Board-Certified Psychiatrist	Tech certified in TMS <sup>d</sup>	2 (different classes)		2 (different classes) with DSE	Failed Trial Required	No	30+taper
Anthem BC CA	CA	18	Severe MDD	Physician	Not Specified	2 (different classes)		2 with DSE	Not Required	Not Specified	30+taper
Blue Shield CA	CA	15	TRD	Not Specified	Healthcare Professional trained in BCLS	2(different classes), 6 weeks OR 1 + 1 augment, 6 weeks		2 (different classes) with DSE	Failed Trial Required 8-12 Sessions	Yes	30+taper
Florida Blue	FL	15-70	Severe MDD	Board-Certified Psychiatrist	UDS of Board-Certified Psychiatrist	2 (different classes)		2 (different classes) with DSE	Not Required	No	30+taper
Hawaii Med Serv Assoc (BCBS)	HI	18	Severe MDD	Psychiatrist (MD,DO,NP)	Under Supervision of Psychiatrist (MD,DO,NP)	2 (different classes), 6 weeks			Failed Trial Required	Yes	36
Blue Cross Idaho	ID	18	Severe MDD	Psychiatrist (MD, DO, NP)	Tech trained in BCLS, UDS of Psychiatrist	2 (different classes) + 2 augment, 6 weeks		2 with DSE	Failed Trial Required >4 months	Not Specified	30+taper
BCBS Kansas	KS	18	Severe MDD	Physician	Tech managed by physician	2 (different classes), 6 weeks		2 with DSE	Not Required	Yes	30+taper
BCBS Kansas City	KS, MO	18-70	Severe MDD	Board-Certified Psychiatrist	Not Specified	2 (different classes)		2(different classes) with DSE	Not Required	No	30+taper
BCBS Louisiana	LA	15	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks		2 with DSE	Failed Trial Required	Yes	30
BCBS Massachusetts	MA	Not Specified	Severe MDD	Physician	Physician	2		2 with DSE	Failed Trial Required	Not Specified	30+taper
BCBS Michigan /BCN	MI	15-70	Severe MDD	Board-Certified Psychiatrist	Tech trained in BCLS, supervision by Psychiatrist	2 (different classes), 6 weeks		2 with DSE, trial >1 week	Failed Trial Required	Yes	30+taper
BCBS Minnesota	MN	18	Severe MDD	Psychiatrist (MD, DO, NP)	UDS Psychiatrist (MD, DO, NP)	3 (2 different classes) + 1 augment		4 (2 different classes) with DSE	Ongoing Therapy Required	Yes	Not Specified
BCBS Mississippi	MS	15	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks		1 with DSE	Failed Trial Required	Yes	30
Nebraska Blue	NE	Nebraska Blue follows Interqual Guidelines									
Horizon BCBS NJ	NJ	Horizon BCBS follows MCG Guidelines									
BCBS N Carolina	NC	15	Severe MDD	Not Specified	Not Specified	4 (2 different classes) + 2 augments		2 (different classes) with DSE	Failed Trial Required	Not Specified	36
BCBS S Carolina	SC	BCBS South Carolina follows MCG Guidelines									

## STATE COMMERCIAL BLUE CROSS BLUE SHIELD PLANS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS	Utilization
				Order	Treatment	Resistance	OR Intolerance			
BCBS N Dakota	ND	BCBS N Dakota follows InterQual Guidelines								
Excellus BCBS	NY	15	Severe MDD	Physician	UDS of ordering Physician	2, 8 weeks	2 with DSE	Failed Trial Required	Not Specified	36
		18				2(different classes) + 1 augment, 8 weeks	2(different classes) with DSE			
BCBS Rhode Island	RI	18	MDD	Not Specified	Not Specified	Medication trials required, amount not specified		Failed Trial Required	Not Specified	Not Specified
BCBS Tennessee	TN	18	Severe MDD	Psychiatrist	Psychiatrist	2(different classes) + 1 augment	2 with DSE	Failed Trial Required	No	Not Specified
BCBS Vermont	VT	18	Severe MDD	BC Psychiatrist (MD, DO, NP)	Under Supervision of BC Psychiatrist (MD,DO,NP)	2 (different classes), 6 weeks	2 with DSE	Failed Trial Required	Yes	30+taper
BCBS Wyoming	WY	18	Severe MDD	Not Specified	Healthcare Professional trained in BCLS	2 (different classes), 6 weeks	1 with DSE	Failed Trial Required	Yes	30

## BEHAVIORAL HEALTH ORGANIZATIONS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS	Utilization
				Order	Treatment	Resistance	OR Intolerance			
Magellan	National	Magellan follows MCG Guidelines *								
Carelon Behavioral Health	National	18	Severe MDD	Physician	UDS Physician	2 (different classes), 6 weeks	4 (2 different classes) with DSE	Not Required	Not Specified	Not Specified
InterQual *	National	InterQual uses specialized guidelines for each payer - confirm guidelines with payer								
Optum	National	15	Severe MDD	Psychiatrist (MD or DO)	Physician Oversight	2 (different classes)	2 (different classes) with DSE	Not Required	No	30+taper

\*InterQual and MCG (formerly Millman Care Guidelines) are proprietary resources and their full policy documents and clinical criteria are generally not publically accessible. Some insurers provide access to these guidelines via your payer's provider portal.

# MULTI-STATE COMMERCIAL REGIONAL PAYERS

Insurance	State	Age	Dx	Provider Type		Medications Trials		Psychotherapy	iTBS <sup>a</sup>	Utilization
				Order	Treatment	Resistance	OR Intolerance			
Centene Corporation see plans in footnote 1	AL, AR, AZ, CA, GA, IA, IL, IN, KS, LA, MO, NE, NH, NM, NV, OH, OK, OR, TN, TX, WA, WI	15	Severe MDD	Psychiatrist (MD, DO, NP <sup>e</sup> )	UDS of Psychiatrist (MD, DO, NP <sup>e</sup> )	2 (different classes), 6 weeks within the last 24 months	2 (different classes) with DSE	Failed Trial Required	Yes	36
		18				2 (different classes), 6 weeks within 24 months	4 (2 different classes) with DSE			
Point32Health see plans in footnote 2	CT, MA, ME, NH, RI	Point32Health uses Interqual Criteria								
Medica Health Plans	AZ, IA, IL, KS, MN, MO, ND, NE, OK, SD, WI	15	Severe MDD	Psychiatrist (MD or DO)	Physician Oversight <sup>b</sup>	2 (different classes)	2 (different classes) with DSE	Not Required	No	30+taper
HealthPartners	MN, IA, IL, ND, SD, WI	18	MDD	Psychiatrist (MD, DO, NP) or PA practicing in behavioral health	Not Specified	2 (different classes)	2 with DSE	Failed Trial Required	Not Specified	30+taper
SelectHealth	CO, ID, NV, UT	15	≤24months Moderate-Severe MDD	Psychiatrist (MD, DO, NP)	Not Specified	4 (2 different classes), 4 weeks within the last 24 months	4(2 different classes) with DSE within 24 months	Failed Trial Required ≥15 sessions over 4-6 months	Not Specified	30+taper
			>24months Moderate-Severe MDD			2(different classes), 4 weeks within 12 months	2(different classes) with DSE within 12 months			
MVP Health Plan	NY, VT	15	Moderate-Severe MDD	Psychiatrist (MD or DO)	Supervised by Psychiatrist (MD or DO)	2 (FDA approved)		Failed Trial Required 3-6 months	Not Specified	30+taper
		18				2 (different classes), 8 weeks	4 (2 different classes) with DSE			

[a] iTBS - Theta Burst Stimulation/Touchstar, not an accelerated protocol (i.e. multiple sessions per day).

[b] A physician shall oversee the treatment, but does not have to personally administer the sessions nor be in the area. A prescribing or covering physician must be immediately reachable and interruptible in case of questions or problems during treatment.

[c] Highmark BCBS states that patients 11 years and older may receive TMS. NeuroStar TMS is FDA cleared to treat individuals 15-70 years old.

[d] The attending physician must be a board-certified psychiatrist.

[e] NPs may order/supervise treatment in states where scope of practice allows for other provider types to supervise.

[1] Centene: Absolute Total Care, Ambetter, Arizona Complete Health, Arkansas Health & Wellness, Arkansas Total Care, Buckeye Health Plan, California Health and Wellness, Care1st Health Plan Arizona, Centene Corporation, Coordinated Care Health Plan, HealthNet, Iowa Total Care, Louisiana Healthcare Connections, MHS Indiana, MHS Wisconsin, Nebraska Total Care, New Hampshire Healthy Families, Peach State Health Plan, QualChoice, SilverSummit Healthplan, Sunflower Health Plan, Superior Health Plan of Texas, Trillium Community Health Plan, Western Sky Community Care

[2] Point32Health: Harvard Pilgrim, Tufts Health Plan

**Note:** Neuronetics cannot guarantee coverage or reimbursement for NeuroStar TMS Therapy. Final coverage and payment will be determined during the claims review process. All reimbursement information provided by Neuronetics is for general guidance only. It does not represent a statement, promise or guarantee by Neuronetics concerning levels of reimbursement, payment, or charge, if any. Coverage and payment for NeuroStar TMS Therapy are based on various factors.