

2026 VERA FRENCH
COMMUNITY OUTCOMES REPORT

OPEN MINDS WIDE OPEN DOORS

MISSION & VISION

*As an independent
center of excellence,
Vera French
collaborates with our
community partners to
advance mental health
for all and deliver
high quality, accessible,
healthy living solutions*



What is Q: Vera French?

INSPIRING HOPE THROUGH OPEN DOORS

Inspired by the legacy of our namesake, Dr. Vera French, Vera French is a family of non-profit Iowa corporations encompassing the Vera French Community Mental Health Center, Vera French Housing, and the Vera French Foundation.

Since 1949, Vera French has worked to advance mental health for all by providing high-quality, accessible, community-based care. Today, that mission continues through a growing continuum of services designed to meet people where they are with compassion, expertise, and respect.



Dr. Vera French, M.D., Ph.D.

Vera French continues to invest in technology, accessibility, and data-driven quality improvement initiatives that enhance the client experience, expand access to services, and support operational excellence.

As we look to the future, we recognize that openness is central to healing. It takes courage to ask for help, and it takes a committed community to make sure help is within reach. At Vera French, we are proud to open doors to care, connection, housing, recovery, and hope.

THIS YEAR'S REPORT

This year's Community Outcomes Report highlights how Vera French continues to open doors across the Quad Cities region – doors to counseling, psychiatric care, outreach, residential support, affordable housing, employment services, peer support, and philanthropy.

The pages that follow provide a snapshot of who we served, how services were used, and how our programs continue to respond to the evolving mental health needs of our community.



Vera French Staff Photo at the VF Clinic at Central Park Ribbon Cutting

From opening Carol's Village Gardens and an expanded Central Park Clinic entrance to starting up recovery community center services, 2025 was defined by breaking down barriers to care. Our achievements highlight our promise to the community: with open minds and hearts, our doors are open wide to everyone needing help with mental health for healthy living.
~ Dr. Rich Whitaker, CEO

This Year's Report At a Glance

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At Vera French, we recognize that every person's experience with mental illness is unique, and that there is NO "one-size-fits-all" approach.

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Vera French offers evidence-based programs and services tailored to meet the diverse needs of clients, patients, residents, and tenants.

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Vera French tracks service volumes for each of its programs and services by month. Pages 8-17 show total usage during calendar year 2025 (12 months).

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Vera French Housing is where affordable housing meets mental health support.

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The professionals at Vera French strive to build each other up each day to make sure we are here to serve the community that needs us!

20 Financials

Vera French invests in the mental health of our community. Pages 20-21 provide an overview of Vera French Revenue Sources, Functional Expenses and our Assets.

22 Vera French Foundation

As a 501(c)(3) public charity, the Vera French Foundation strives to operate each day with honesty, fairness professionalism, and good humor.

23 Vera French Board of Directors

Vera French is locally governed by a volunteer Board of Directors who, through our CEO, oversees a team of talented medical, clinical, and behavioral health management professionals.

Thank You

for your interest in Vera French and for taking time to learn more about our work. For more than seven decades, our agency has had the privilege of walking alongside people in our community as they pursue healing, stability, and healthier lives.



What Does Q: Vera French Do?



At Vera French, we recognize that every person's mental health journey is different. There is no one-size-fits-all approach to care, which is why our services are designed to offer multiple doors into support.

Across our operating divisions, Vera French provides evidence-based programs and services that meet the diverse needs of clients, patients, residents, and tenants. Whether someone is seeking counseling, psychiatric care, crisis support, housing, outreach, employment assistance, or long-term recovery support, our goal is to provide compassionate, person-centered care that helps people move forward.

Vera French offers a broad continuum of services designed to open the right door at the right time. From first access to ongoing recovery support, our programs reflect the reality that mental health care often involves more than treatment alone. It also requires stability, connection, housing, dignity, and community.

Our service array brings together clinical care, community-based outreach, children and family services, residential support, and affordable housing to help individuals and families access the support they need.

**Through our VF Clinics,
outreach programs, residential
services, and housing supports,
Vera French continues to
expand access to mental health
care and healthy living solutions
close to home.**





INDIVIDUAL COUNSELING

Therapy: Licensed therapists working with individuals to help them develop coping skills and improved functioning in day-to-day life.

Same Day Access (SDA): No appointment needed for initial mental health evaluation during SDA hours.

Whole Person Co-Occurring Disorders (COD)

Treatment: Licensed providers with expertise in treating people struggling with co-occurring disorders (COD) including symptoms of Serious Mental Illness (SMI) & Substance Use Disorders (SUD) to help people move toward recovery.

OUTPATIENT PRESCRIBER SERVICES

Medication Management: Psychiatrists and psychiatric-certified nurse practitioners provide evaluations and prescriptions with flexible wide open scheduling for adults and children.

Transcranial Magnetic Stimulation (TMS): Under the care of a psychiatrist or psychiatric-certified nurse practitioners, NeuroStar TMS is used to target key areas of the brain that are underactive in people with major and drug-resistant depression.

CHILDREN & FAMILY SERVICES

Rick's R.A.Y. of Hope: Serves children who are experiencing grief, trauma, or loss through education & support groups.

RESIDENTIAL CARE

Crisis Stabilization: Short-term residential treatment assisting individuals experiencing a mental health crisis and includes creation of a stabilization plan.

Residential Facilities (RCF): 24/7 residential care is provided at two 15-bed facilities for adults with severe mental illness.

Habilitation Home (HAB Homes): A form of supported housing that specializes in delivering mental health services in a group home setting.

VERA FRENCH HOUSING



Vera French Housing ~ Founded as a subsidiary of the Vera French Community Mental Health Center in 1994, Vera French Housing offers supportive & affordable housing linked to mental health services. As of 2026, VFH owns & manages over 170 rental units in Scott County – a critical resource in a region experiencing acute shortages of affordable housing.

COMMUNITY-BASED TREATMENT & OUTREACH

Carol Center: A safe and supportive place for adults in need.

- **Daily Meal:** Breakfast and lunch served each day (Mon- Fri) to the public with donations accepted & appreciated.
- **Peer Support Drop-In Center:** Specialists with lived experience provide crisis resolution, self-help, coping skills, advocacy, housing assistance, education & social connections.
- **Homeless Outreach:** Assists people experiencing homelessness access critical mental health services, housing, and basic needs.
- **Assertive Community Treatment (ACT):** Offers a 24/7 team approach to deliver a full range of services to individuals diagnosed with serious mental illness.
- **Overdose Prevention:** A peer navigator will collaborate with clients in the community to help them access resources, offer overdose education, and provide naloxone to those at risk of opioid or stimulant overdose.
- **Supported Employment (SE) and Individual Placement & Support (IPS):** Helping people attain and maintain employment with evidence-based supported employment services.
- **Co-Responder:** A mental health professional aids the Davenport Police Department in responding to calls involving people in crises.
- **Recovery Community Center (RCC):** Offers a range of peer-led recovery support groups and classes on life skills and resource access.

Community Support Services (CSS): Offers a team of professionals to assist on behalf of person's physical and mental health.

Supported Community Living (SCL): Offers hourly services that promote independence & empower people to thrive in the community.

Pre- And Post- Release Support Service (PAPRSS): Provides short-term case management and linkage to services for individuals who are involved with the Department of Corrections.

MEETING PEOPLE **WHERE THEY ARE**

Who Does Q: Vera French Help?



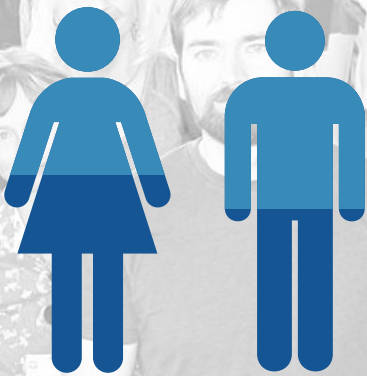
Each year, thousands of people across the Quad Cities and surrounding communities come through Vera French's doors seeking care, support, and connection. In 2025, **over 6,941 DIFFERENT INDIVIDUALS** received clinical services from Vera French.

The individuals we serve represent a wide range of ages, backgrounds, and life experiences. What they share is the need for accessible, high-quality mental health services and the courage to take a step toward help.

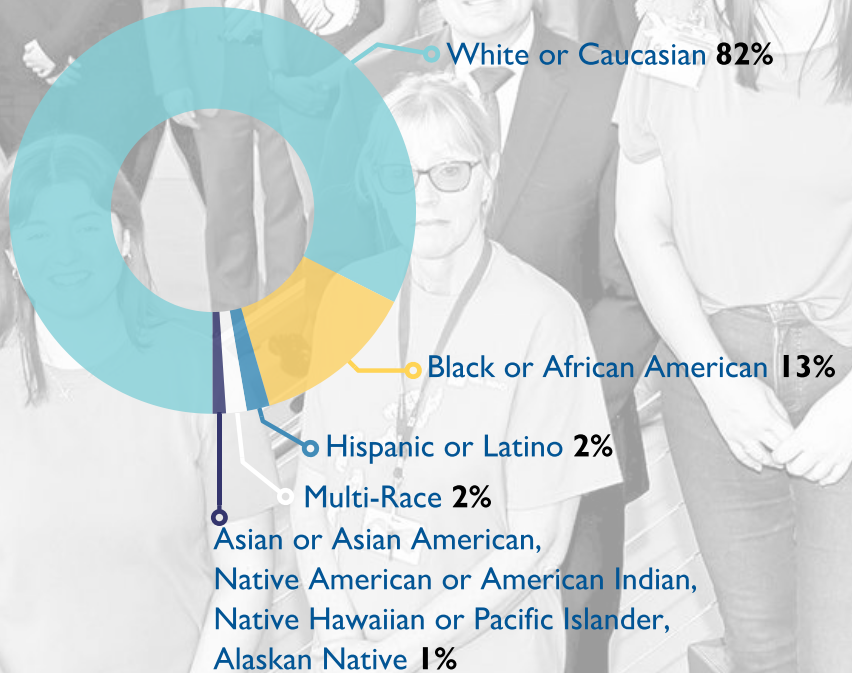
The demographic information on this page provides a snapshot of the people served by Vera French during the reporting year.

GENDER

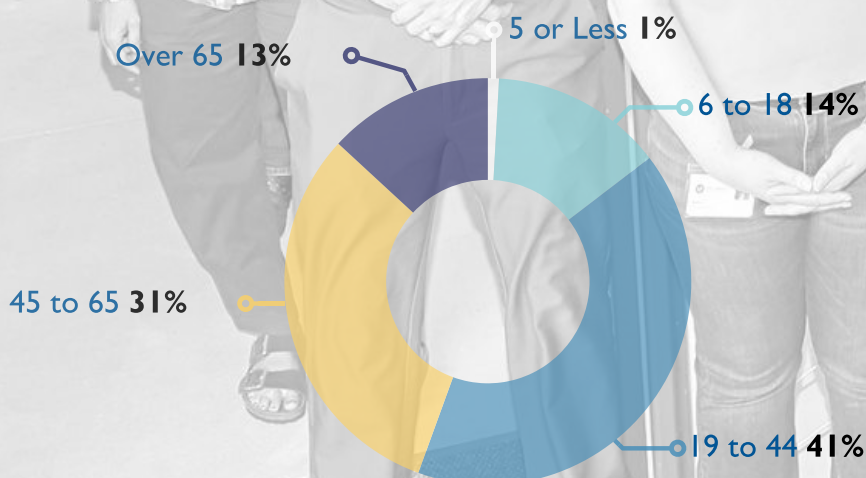
Female 56% Male 44%



RACE / ETHNICITY



AGE



Vera French Staff Members

Vera French Zip Code Map

Vera French serves clients from throughout the greater Quad Cities region, eastern Iowa, western Illinois, and beyond. This reach reflects both the growing need for mental health care and the trusted role Vera French plays as a community-based provider.

Wherever clients come from, our goal remains the same: to make care accessible, welcoming, and connected to the supports people need to live healthier lives.

OTHER PARTS OF SCOTT COUNTY OR EASTERN IOWA

Approximately
962 Clients

52748
161 Clients

ELDRIDGE

52807
434 Clients

52806
1,098 Clients

DAVENPORT



52722
855 Clients

BETTENDORF

52804
1,202 Clients

52801
120 Clients

CP

CC

DC

52803
986 Clients

52802
550 Clients



ILLINOIS OR A STATE OTHER THAN IOWA

Approximately
573 Clients



CP

1441 W. Central Park Ave.
Davenport, Iowa

The Carol
Center

CC

808 N. Harrison St.
Davenport, Iowa



DC

852 Middle Rd. Ste 101
Bettendorf, Iowa

Q: What Kind of Outcomes Is Vera French Seeing?

Vera French tracks service volumes for each of its programs and services by month. Pages 8-17 show total usage during calendar year 2025 (12 months) for the various programs and services of the Comprehensive Service Array presented on Page 5.

THE VERA FRENCH CLINICS

Vera French Clinic at Central Park

1441 W. Central Park Avenue, Davenport, Iowa

Outpatient Prescriber Services & Individual Counseling

The Vera French clinics provide outpatient counseling and psychiatric services that help individuals live, work, and participate more fully in the community.

The Outpatient Program is staffed by highly trained mental health professionals including:

- **Psychiatrists**
- **Advanced Registered Nurse Practitioners**
- **Nurse Practitioners**
- **Registered Nurses/ Medical Assistants**
- **Licensed Independent Social Workers**
- **Licensed Mental Health Counselors**
- **Medication Management**

The Adult Program serves people ages 18 and up. The program includes:

- **Psychiatric Assessments/ Evaluation**
- **Individual Therapy**
- **Group Therapy**
- **Family Therapy**
- **Medication Management**

Therapy is focused on resolving issues impacting clients and helping them to move toward better health and improved functioning in their daily lives.

**Individual Counseling ~
11,665 Sessions Delivered
(Averaging 972/month)**

**Outpatient Prescriber Services ~
15,225 Appointments Delivered
(Averaging 1,269/month)**



Transcranial Magnetic Stimulation (TMS)

Vera French is home to the **only Treatment-Resistant Depression Clinic in the Quad Cities**, offering NeuroStar Advanced Therapy for individuals living with major depression who have not found relief through traditional treatment.

NeuroStar TMS is an FDA-cleared, noninvasive treatment that uses focused magnetic pulses to stimulate areas of the brain associated with mood regulation. Unlike electroconvulsive therapy, TMS does not require anesthesia and is delivered in an outpatient setting.

Of those who complete the 6-week course of Neurostar Advanced Therapy, nearly half will finally be completely free from depression and nearly all will experience a significant reduction in depressive symptoms.



Co-Occurring Disorder Treatment

The Vera French Whole Person Co-Occurring Disorder (COD) Treatment Program is an innovative approach to addressing Substance Use Disorders (SUD) by integrating mental health treatment and healthy living strategies for whole person health. Clients and patients can receive treatment for both mental illness and substance use within Vera French. This new integrated approach would not be possible without the additional space acquired by Vera French in the last few years.

**Co-Occurring Disorder Treatment ~
129 SUD Treatment Admissions**



TMS at Vera French

When treating Major Depressive Disorder (MDD), often individuals endure the time and expense of being prescribed 3-4 different medications without finding relief for their symptoms. This can create a vicious cycle of despair where the patient gives up hope that recovery is even possible. According to the STAR*D trial, by the time a patient is prescribed a 4th medication, there is only a 12% response rate to the 4th medication and a 7.5% remission rate for those who responded to the 4th medication at all.

- 83% response rate
- 38% full remission rate
- 45% reduction in depression symptoms below the clinical range

**Transcranial Magnetic Stimulation ~
2,659 Sessions Delivered
(96 Unduplicated Clients)**

For those who have tried other treatments without success, Vera French opens the door to new hope through TMS.

Vera French Clinic at Central Park Renovation



Ribbon-Cutting & Open House - April 25, 2025

Built in 1971 and rededicated in 2021 for its 50th Anniversary, the Vera French Clinic at Central Park has been a touchstone for thousands of people striving to improve their mental health to live healthier lives.

The Vera French Clinic at Central Park expansion included a renovation of the existing office space and a new addition featuring a welcoming, ADA compliant entrance. The addition also includes space for two new intake rooms, reception area, waiting space, and parking lot upgrades. This project was delivered under a Design-Build Agreement with Russell, Streamline Architects, Carr Engineering, Townsend Engineering, and mechanical and electrical systems design-build trade partners all collaborating with Vera French to achieve the vision for an enhanced client experience.

Fast Facts

- **Square Footage ~ 4,340 s.f.**
- **Project Start ~ Summer 2024**
- **Project Completion ~ Spring 2025**

A Positive, Dignified, & Trauma-Informed Experience Is Critical to Foster the Momentum of Recovery from Mental Illness.

“This project provides a modern and accessible front entrance to our historic Clinic on Central Park Avenue that will allow us to serve more people and give everyone a better treatment experience.” said Dr. Rich Whitaker, Vera French CEO.



THE VERA FRENCH CLINICS

Vera French Clinic at Duck Creek

852 Middle Road, Suite 101, Bettendorf, Iowa

Vera French opened the Vera French Clinic at Duck Creek to clients on October 16, 2023. This second full-service Vera French clinic location in the Quad Cities expands mental health counseling, medication evaluation and management, and care coordination support services.

Individual Counseling ~
8,933 Sessions Delivered
(Averaging 744/month)

Outpatient Prescriber Services ~
4,361 Appointments Delivered
(Averaging 363/month)

Same Day Access ~ No Appointment Needed

Same Day Access recognizes the courage of clients taking the first step to getting mental health support. Vera French is proud to offer Same Day Access to mental health counseling evaluations at the Vera French Clinic at Central Park, the Vera French Clinic at Duck Creek, and the Vera French Carol Center. Same Day Access occurs within designated hours during the week, and no appointment is needed. Along with an evaluation from a Master's-trained social worker or mental health counselor, a person can also get help to plan for what comes next.

Same Day Access ~
1,806 Initial Mental Health Evaluations

**SCAN THE QR
CODE TO SEE
OUR SDA HOURS
AT EACH
LOCATION**



“Taking the first step to improve your mental health can be the hardest,” said Dr. Whitaker. “Same Day Access works because it helps people in crisis and leads them to evidence-based services and healthy living solutions.”



In 2023, Vera French acquired 26,000 square feet on the first three floors of the four-story former bank building at 852 Middle Road. As a physical extension of our work, the Vera French Clinic at Duck Creek creates a welcoming environment, conducive to mental health recovery. Our new location brings additional expertise to our team, better accessibility for our clients, and builds on Dr. Vera French's vision for open, tranquil spaces.

With the completion of the Vera French Clinic at Duck Creek in 2023 and the expansion of the Vera French Clinic at Central Park in 2025, the Vera French Community Mental Health Center is proactively increasing its capacity to serve the mental health needs of the Quad Cities and our larger region.



Vera French Staff Members

Children & Family Wellbeing Center

Evidence-based pediatric psychiatry, therapy for children and adolescents, as well as marriage and family counseling are offered at both Vera French Clinics by seasoned professionals in the field. Families benefit from thorough assessments, participate in certified treatments, and achieve optimal outcomes.

Children with serious emotional and behavioral disorders are underserved in the Quad Cities. At the Children & Family Wellbeing Center, all the best solutions come together to meet the short and long-term needs of children and families.

The Child and Adolescent Program serves children two to eighteen years old. The program includes:

- **Psychiatric Assessments/Evaluations**
- **Mental Health Evaluations**
- **Treatment Planning**
- **Solution Focused Intervention**
- **Play Therapy**
- **Parent-Child Interaction Therapy (PCIT)**
- **Medication Management**
- **Work with the entire family**

Studies show many mental disorders start by 14 years of age and are often preceded by non-specific psychosocial disturbances potentially evolving into a major mental disorder.

Vera French's Children & Family Wellbeing Center helps children and their families focus on prevention, early detection, and treatment. Interventions like Parent-Child Interaction Therapy (PCIT) engage young children as early as 2 years old.



Parent-Child Interaction Therapy (PCIT)

Parent-Child Interaction Therapy (PCIT) is a proven method to work with children ages 2-7 years old who demonstrate behavioral concerns. The therapy is completed with both the child and parent/s present and also requires a commitment to attending weekly therapy sessions for at least 20 weeks. Parents practice skills both in sessions and at home to improve the quality of the parent-child relationship and change problematic behavioral patterns over time.

PCIT is appropriate for children between the ages of 2 and 7 who exhibit:

- **Anxiety**
- **Aggression**
- **Tantrums**
- **Hyperactivity**
- **Non-Compliance**
- **Self-Injurious Behavior**
- **Low Self-Esteem**
- **Perfectionism**
- **Whining, swearing, sassiness**
- **Low mood, withdrawn**
- **Effects of chronic trauma**

PCIT is NOT appropriate for children who are experiencing:

- **Acute trauma**
- **Intellectual disabilities**
- **A parent/guardian who is unwilling/unable to change their parenting**

**Parent-Child Interaction Therapy ~
68 Appointments Delivered**



School & Community-Based Services

The Vera French School & Community Based Therapy Program provides accessibility to mental health services by offering therapy to children in their school setting. Master's level therapists work in elementary schools throughout Scott County. The therapists collaborate with parents and educators to enhance the functioning of children in their primary settings: home and school.

Services include:

- **Individual Therapy**
- **Family Therapy**
- **Parent Child Interaction Therapy**
- **Consultation and education to teachers and other school personnel**
- **Group Therapy**
- **Collaboration with other agencies and services provided in the community**

Referral information is obtained from the school principals, nurses, guidance counselors, teachers, or the School & Community Based Therapist at the schools listed. Therapists are available in the following schools:

Davenport

Fillmore Elementary
Jackson Elementary
Jefferson Elementary

**School & Community-Based Services ~
61 Clients Served in CY 2025**

Rick's RAY of Hope

Rick's RAY of Hope has been the regional center for grieving and traumatized youth for the past 17 years, offering hope and guidance to children experiencing grief, loss, or trauma issues. The center became a program of the Vera French Community Mental Health Center in July 2015 as Rick's House of Hope. The program was renamed to Rick's RAY of Hope in September 2023 with the move to the Vera French Clinic at Duck Creek.



Rick's RAY of Hope offers fall, winter, and spring support groups for children of all ages and developmental levels, special holiday events for coping with that time of year, crisis debriefing for traumatic situations involving children, and two one-week summer day camps.

**73 Grief & Loss Groups held in CY 2025 ~
Serving 37 Children & Young Adults**



Multisystemic Therapy (MST)

MST is an intensive family and community-based treatment program that addresses all environments that impact high risk youth – homes and families, schools and teachers, neighborhoods and friends.

MST teams:

- **Travel to the youth and are on call 24/7**
- **Work intensively to empower parents and caregivers**
- **Work with caregivers to focus youth on school and gaining job skills**
- **Introduce youth to recreational activities as an alternative to hanging out with antisocial peers**

Vera French operated the FIRST MST Team in Iowa



MST delivers superior clinical and financial results with community reduction in incarcerations, mental health services, and crime rates.

Referral Qualifications:

- **Between the ages of 12 and 17**
- **Risk of residential placement or incarceration**
- **Involvement with the law or probation**
- **Substance abuse**
- **School truancy or difficulties in school**
- **Family conflict**
- **Aggressive behavior**

Because of generous support from the Hubbell Waterman Foundation, Scott County Regional Authority, Regional Development Authority, and Genesis Philanthropy, Vera French was able to bring the MST treatment model to the Quad Cities.

In 2025, 38 Youth successfully completed the MST Program with only 9 discharged without success

For nearly seven years, Vera French provided continuous Multisystemic Therapy services to youth and families in Scott County and surrounding communities. During that time, the program delivered positive, long-term outcomes by helping families strengthen relationships, reduce risk, and build stability at home, in school, and in the community.

In 2026, Vera French made the difficult decision to pause MST services due to the current Iowa Medicaid reimbursement methodology, which is not compatible with the MST service model. While services are paused at this time, Vera French remains committed to the value of MST and continues advocacy efforts to make the program sustainable in the future.

VERA FRENCH OUTREACH

The Carol Center & Community-Based Outreach

808 N Harrison Street, Davenport, Iowa

The Carol Center



Vera French Carol Center Outreach Program assists in reducing incarcerations, hospitalizations, homelessness, and illicit drug and alcohol use by offering a safe and supportive place for the most vulnerable, chronically mentally ill people to seek supportive services. The Carol Center and its staff teach and assist clients with:

- **Coping skills**
- **Health needs**
- **Community integration**
- **Development of leisure and vocational interests**
- **Money management**
- **Socialization**
- **Nutritional meals**

The Carol Center is handicap accessible, has individual and group meeting room locations and is on a bus line for easier access.

- **Daily Meals ~ 9,469 Lunches Served**
- **Peer-Run Drop-In Center ~ 465 Clients Served**
- **Peer Services ~ 19 Clients Served**
- **Medication Management ~ 42 Clients Served**
- **Carol Center Clubhouse ~ 89 Clients Served**
- **Overdose Prevention ~ 36 Clients Served**
- **Drug Court Liaison ~ 38 Individuals Served**



Recovery Community Center (RCC)

RCC offers a welcoming space for individuals in recovery to find support, resources, and meaningful connections. Our structured program runs Monday through Friday, providing a safe and engaging environment to help individuals achieve their recovery goals.

Recovery Community Center ~
46 Clients Served
Program started in Nov 2025

Individual Placement and Support (IPS)

IPS is a model of supported employment for people with serious mental illness (e.g., schizophrenia spectrum disorder, bipolar, depression). IPS supported employment helps people living with behavioral health conditions work at regular jobs of their choosing. Although variations of supported employment exist, IPS refers to the evidence-based practice of supported employment. Mainstream education and technical training are included as ways to advance career paths.

In 2022, Vera French's IPS program became a pilot site recognized by the Iowa Department of Human Services, the Eastern Iowa Mental Health & Disability Services Region & Iowa Vocational Rehab.

Individual Placement & Support (IPS) ~
54 Clients Served & 15 Obtained Employment

Co-Responder

A Vera French mental health professional aids the Davenport Police Department in responding to calls involving people in crises. They focus on de-escalating situations, preventing arrests, connecting people to services, and following up to ensure they receive the assistance they need.

Co-Responder ~
410 Successful De-escalations
(Out of 903 Contacts)

Integrated Health Homes (IHH)

The Vera French IHH program offers a team of professionals to assist on behalf of an individual's physical and mental health. Due to loss of state funding, the IHH program ended in September 2025.

Integrated Health Homes ~
1,130 Unduplicated Clients
(672 Average Monthly Membership)

Supported Community Living (SCL)

Vera French Supported Community Living offers services that include both hourly services in a client's home or community location. Services are individually tailored to the needs of each client.

Supported Community Living ~
195 Unduplicated Clients
(148 Average Monthly Enrollment)

Assertive Community Treatment (ACT)

Vera French proudly holds the sixth Assertive Community Treatment (ACT) team in Iowa. The Vera French ACT team comprises a team lead, a team nurse, an employment specialist, a substance abuse counselor, and a community specialist. In Iowa, ACT teams have successfully reduced homelessness and incarceration rates among members by 90% and have decreased hospitalizations by 80%.

Assertive Community Treatment ~
66 unduplicated Clients
(48 Average Monthly Enrollment)

Homeless Outreach

The Vera French Homeless Outreach program provides support to individuals in the Scott County area who require mental health services and are either residing in a shelter, temporarily living with friends or family, or are homeless. Once a person in need is identified, an assessment is conducted, and the individual is offered the necessary services.

Homeless Outreach ~
2,208 Face-to-Face Contacts Made
(184 Average Face to Face Services per Month)

Carol's Village Gardens



Carol's Village Gardens, located at 820 Harrison Street, opened in Fall 2025. This brand-new development offers 30 units in total, featuring a mix of one and two-bedroom apartments.

Unit Breakdown: 26 one-bedroom units and 4 two-bedroom units

Square Footage: Units range from 629 to 825 square feet depending on the number of bedrooms.

Income Requirements: Prospective tenants must meet income qualifications set at 30%, 50%, and 60% of the area median income.

Accessibility Features: The building includes units designed with accessibility features for mobility and communication needs.

Special Accommodations: 6 units are designated as Permanent Supportive Housing, which means these housing units are set aside for persons recovering from homelessness.



Carol's Village Gardens is made possible through support from local and state funding partners. We are thrilled to witness the transition of this project from concept to reality, contributing much-needed housing to our community.

VERA FRENCH RESIDENTIAL

Crisis Stabilization Residential Services (CSRS)

Vera French Community Mental Health Center operates a 5-bed crisis stabilization home located in Davenport, IA. This home is:

- **A short-term service operating 24/7**
- **For individuals experiencing a mental health crisis**
- **Staffed to manage the crisis and reintegrate individuals into the community**
- **A voluntary program**
- **For ages 18 and older**

Upon admission to the program, an individual will be met by trained personnel and oriented to the site. Admission paperwork will be completed along with review of program structure, rules, and schedules. Within 24 hours of admission, an individual will meet with a licensed mental health professional to create a stabilization plan. This will include the individual's short-term goals as well as a discharge plan for aftercare. Stays will be less than five calendar days.

Crisis Stabilization ~
99 Unduplicated Clients
(11 people/month average)

Habilitation Home Program

The Vera French Habilitation Home Program offers services that include both hourly services in a client's home or community location, as well as Home-Based Habilitation services (up to 24 hours per day) at designated sites in the Quad Cities. Services are individually tailored to the needs of each client, but may include:

- **Adaptive skill development**
- **Assistance with activities of daily living**
- **Community inclusion**
- **Transportation**
- **Adult educational support**
- **Social and leisure skill development**
- **Personal care**
- **Protective oversight/supervision**
- **Coordination of services**

Habilitation Home Program ~
50 Unduplicated Clients
(28 people/month average)



Residential Care Facilities for Persons with Mental Illness (RCF-PMI)

Vera French operates two residential care facilities that provide 24-hour care and treatment for adults who have a severe and persistent mental illness. The mission is to assist residents in attaining or maintaining their optimal level of functioning so that they can live and function as independently as possible.

Pine Meadows and Sheridan Springs offers residents a safe, friendly, and healthy environment to assist in improving their physical and mental health. The residential care facility team includes:

- **Nurses**
- **Mental Health Technicians**
- **Social Workers**
- **Psychiatrists**
- **Dietary Personnel**
- **Office Personnel**
- **Maintenance Personnel**

Together, the care team provides residents with a holistic, comprehensive, yet individualized treatment experience that is focused on their growth and recovery. Because treatment at our residential care facilities is not time limited, there is no average length of stay. Prior to discharge, however, a comprehensive plan is developed with the resident that includes follow up support and services.

RCF-PMI ~
37 Unduplicated Clients
(28 people/month average)





Vera French Housing:

Healthy Living

for mental health

MISSION

To provide safe, supportive, & affordable housing options linked with voluntary, evidence-based supportive services for persons with severe and persistent mental illnesses.

OUR STORY

Founded in 1994, Vera French Housing believes that housing is health. As of 2026, we own and manage more than **170 rental units** in Scott County, helping address the region's critical need for affordable housing.

Recent growth includes the opening of Carol's Village Gardens, an \$11 million affordable housing complex in Davenport that added 30 new units, and a \$3 million+ renovation of Vera French Manor, including two units dedicated to Permanent Supportive Housing.

Through these properties, Vera French Housing delivers the nationally recognized Permanent Supportive Housing model, combining secure housing with voluntary services such as case management and connection to community resources.



Carol's Village Gardens



2025 VFH End Of Summer Cookout

HIGHLIGHTS

- Partners with Humility Homes & Services to support individuals at risk of homelessness.
- Helps people with severe mental illness move from homelessness or housing instability into safe, affordable housing.
- Sustains eight Permanent Supportive Housing units through support from the Vera French Foundation, Scott County Housing Council, and private donors.
- Onsite food pantry to ensure tenants have access to food and basic household necessities

IMPACT

As part of Vera French's broader continuum of care, Vera French Housing supports stability, recovery, and independence for individuals facing serious mental illness, homelessness, and poverty.

Permanent Supportive Housing reduces homelessness, improves mental health outcomes, and lowers reliance on emergency and crisis systems.

By opening doors to safe, affordable housing, Vera French Housing helps create a stronger foundation for mental health, recovery, and independence.

APPLY FOR VF HOUSING



What is Vera French's Q: **Work Culture Like?**



The work of community mental health is meaningful, demanding, and deeply human. At Vera French, our staff show up each day with compassion, professionalism, and a shared commitment to serving others well.

Our culture is built by people who believe in open minds and open-hearted service. We support one another because the work matters – and because our clients, patients, residents, and tenants deserve care from a team that is encouraged, connected, and mission-driven.

We Are Vera French!



Core Values

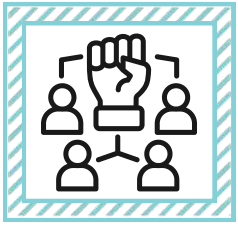
With more than 220 dedicated staff members, Vera French helps our neighbors navigate some of life's most difficult challenges. Our core values guide how we welcome people, deliver care, collaborate with partners, and serve our community.

These values are reflected in every open door – every appointment, outreach contact, housing connection, support group, crisis response, and moment of compassion.



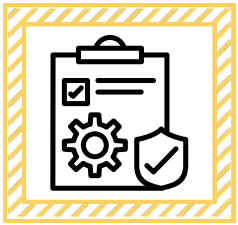
COMPASSION

Welcoming individuals, families, and the community with empathy and acceptance.



EMPOWERMENT

Offering respectful services, person-centered support, and strengths-based advocacy to foster self-reliance lived within Vera French.



QUALITY

Maintaining the highest standard of excellence and professionalism in its delivery of evidence-based services and throughout all aspects of the organization.



ACCESSIBILITY

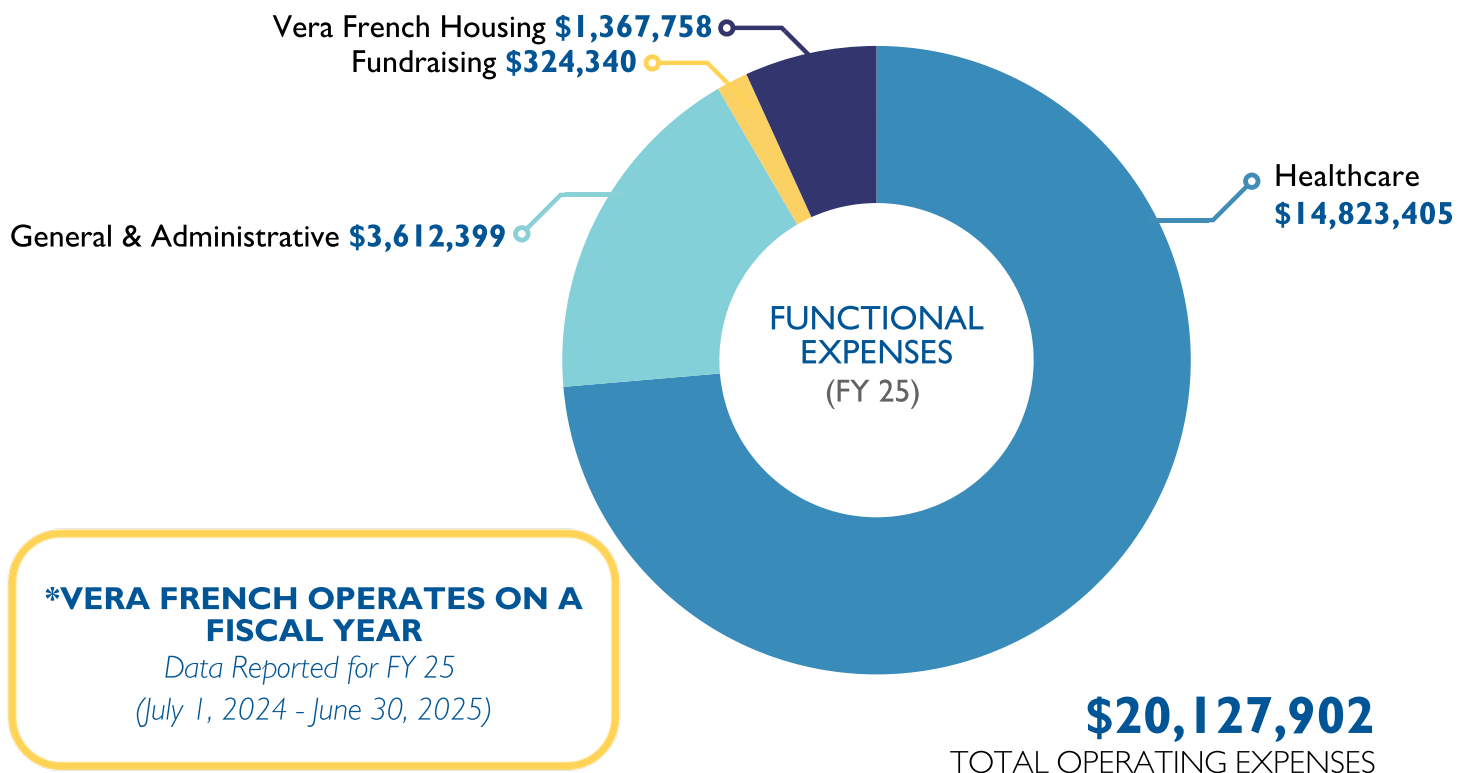
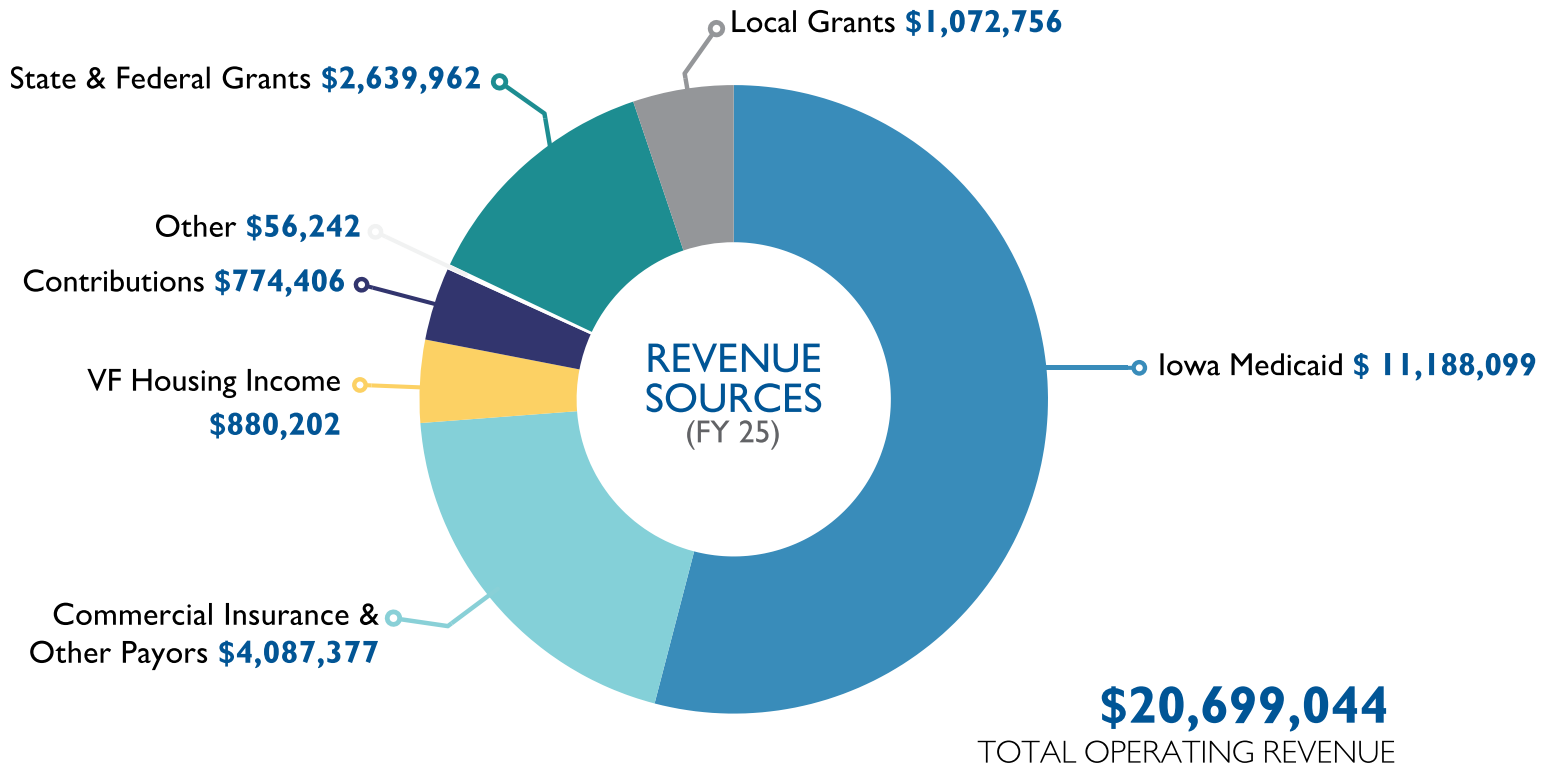
Striving for responsive and proactive engagement with the community by providing timely, convenient, and cost-effective solutions to deliver mental health services.



INTEGRITY

Acting with honor and accountability as a trustworthy citizen that lives true ethical and moral principles.

In 2025, Vera French invested in the Mental Health of the Community



VERA FRENCH COMMUNITY MENTAL HEALTH CENTER, INC. AND RELATED ORGANIZATIONS

CONSOLIDATED BALANCE SHEETS

June 30, 2025; June 30, 2024;
and June 30, 2023

	2025	2024	2023
ASSETS			
Current assets	\$4,096,660	\$5,436,754	\$6,992,423
Restricted assets	2,649,345	3,080,621	2,723,968
Net property & equipment	24,058,961	17,045,704	14,582,567
Total assets	30,804,966	25,563,079	24,298,958
LIABILITIES & NET ASSETS			
Total liabilities	\$10,815,582	\$7,453,716	\$5,669,347
Total net assets	19,989,384	18,109,363	18,629,611
Total liabilities and net assets	30,804,966	25,563,079	24,298,958

CONSOLIDATED STATEMENTS OF OPERATIONS

June 30, 2025; June 30, 2024;
and June 30, 2023

	2025	2024	2023
Fees for services	\$15,275,476	\$14,819,623	\$14,042,775
VF Housing Rental Income	880,202	797,814	708,048
Other revenue	830,648	823,788	578,076
Grants	3,712,718	2,598,096	3,853,610
Total operating revenue	20,699,044	19,039,321	19,182,509
Total operating expenses	(20,127,902)	(19,923,638)	(18,139,423)
Operating income (loss) before depreciation	571,142	(884,317)	1,043,086
Non-operating income (loss) including non-controlling interests	44,978	432,695	234,466
Net Revenue (expense)	616,120	(451,622)	1,277,552

The Vera French Foundation

In FY 25, the Vera French Foundation contributed a total of \$1,040,352 combined to the VF CMHC and VF Housing

As a subsidiary of the nonprofit Vera French Community Mental Health Center (CMHC), our goal is to provide strategic leverage & liquidity through planned gifts, grants, legislative advocacy, major gifts, events, and annual gifts.

As a 501(c)(3) public charity, the Vera French Foundation strives to operate each day with honesty, fairness professionalism, and good humor.

OUR PHILOSOPHY

Our philosophy is gifts express goodwill, generosity, and belief in Vera French's essential mission of providing high-quality and accessible mental health services to all in the Quad Cities.

The Vera French Foundation is fortunate to have a newly renovated office space on the 3rd floor of the VF Clinic at Duck Creek in Bettendorf.

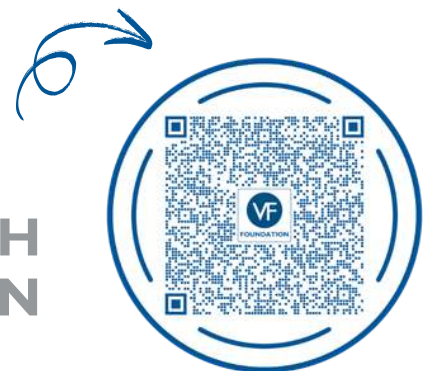
Mission:

The mission of the Vera French Foundation is to foster compassionate awareness of mental illness in our community and to inspire generous giving.

***Your financial support has a direct impact on Vera French clients.
With your donation, we will continue to offer joy, courage, independence and hope to those with mental illness.
No gift is too big or small and all gifts make a difference!***



**DONATE
TO THE
VERA FRENCH
FOUNDATION**



To our FY 2026 Boards of Directors

Thank You!



VERA FRENCH COMMUNITY MENTAL HEALTH CENTER

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Vice President/Vice-Chair

Jim Russell

Secretary

Jessica Schultz, PhD

Treasurer

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Terry Hendershott

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Board of Directors

Bill Bruce

Kelly Storm

In Memoriam

Mary Kellenberger



Vera French Housing Corporation Officers

Executive Director of Housing Development

Stacy Kiser

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Vera French Foundation (FY 24)

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Vice President

Mark Gray, CPA

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Vera French Foundation Officer

Executive Director (Vera French Foundation) & Director of CMHC Strategic Initiatives

Nathan Sondgeroth, JD

APPLY TO
VOLUNTEER



Agency Overview

Vera French is a family of nonprofit Iowa corporations that includes the Vera French Community Mental Health Center and its two subsidiaries, Vera French Housing and the Vera French Foundation. Our namesake, longtime Executive Director **Dr. Vera French, MD, PhD**, helped shape a vision of compassionate, accessible mental health care that continues to inspire our mission today.

Since 1949, Vera French has served the Quad Cities community by advancing mental health for all and delivering high-quality, accessible, healthy living solutions in partnership with local organizations and community leaders.

Community Mental Health Center Our goal is to help individuals and families cope with mental illness, avoid hospitalization, and thrive in their home communities. Through outreach, group therapy, peer support, and evidence-based programs, we empower clients in their mental health journey. We strive to expand access and improve outcomes through new clinical initiatives, most recently by becoming a licensed substance use disorder provider.

Vera French Foundation Established in 1985, the Vera French Foundation inspires compassionate awareness and generous giving to support the mental health of our community. The Foundation helps sustain the life-saving initiatives of both the Community Mental Health Center and Vera French Housing by providing critical funding, increasing community awareness, and supporting programs that ensure access to quality care, housing stability, and outreach.

Vera French Housing Recognizing safe, supportive, and affordable housing is a person's stability, Vera French Housing was founded in 1994. Vera French Housing offers supportive and affordable housing linked to mental health services. In 2026, we opened Carol's Village Gardens, an \$11-million affordable housing complex in Davenport, adding 30 new units to our portfolio. Vera French Housing now operates over 170 apartments and group homes, providing stability and community integration for those facing housing insecurity.

Governance and Impact Vera French is locally governed by three volunteer Boards of Directors, overseeing a talented team of medical, clinical, and behavioral health professionals. In 2025, we helped over 10,000 clients, patients, residents, and tenants, investing in innovation, integrated care, and data-driven quality improvement.

With open minds and wide open doors, Vera French continues to advance mental health, housing stability, and hope for the Quad Cities community.



verafrenchmhc.org

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